

## Speedball Study Guide

### HISTORY:

- The game was invented by Elmer D. Mitchell in the early 1920s at the University of Michigan. Elmer was a physical education professor, who sought to develop a game that was not restrictive to the rules of any one sport. It combines the footwork of soccer, the passing of basketball and the throwing and kicking of football.

### RULES OF THE GAME:

- The game is played in an area the size of a soccer field
- A soccer ball is used to play
- The game begins with a kickoff at the center of the field
- The ball can be advanced down the field by dribbling soccer style, passing the ball to a player like basketball or throwing like football
- A game consists of 4 quarters of 12 minutes. Highest score at the end wins
- A team consists of 11 players
- Scoring can be done in the following ways:
  - Field goal- 3 points- ball is kicked into a soccer goal
  - Basket- 2 points- making a basketball basket
  - Touchdown- 1 points- ball is passed into the end zone from the field. You cannot pass within the end zone for a touchdown.

### IN-CLASS MODIFICATIONS:

- A soccer goal must be kicked behind the basketball 3 point line
- No hanging out in the end zone
- You must have at least 3 passes before you score any type of goal
- You may use the wall as an aide since there are not boundaries

### KEY TERMS:

- Field goal: A field goal is scored when a ball that has been kicked or legally played with any part of the body passes between the goal posts and under the crossbar.
- Dropkick: A dropkick is made when the ball passes over the crossbar after having been dropkicked from the field of play outside the penalty area.
- Touchdown: A touchdown is scored when an offensive player passes the ball to a teammate who catches it behind the opponents goal line.
- Penalty Kick: A penalty kick is scored when the player awarded the try, kicks the ball between the goal posts and under the crossbar.
- Kick Off: A kick that puts the ball into play
- Ground Ball: A ball that is in contact with the ground is called a ground ball, whether it is stationary, rolling, or bouncing. The ball remains a ground ball, even though it may bounce into the air, until it is lifted into the air by a direct kick. A ground ball can be kicked, headed, or played by any part of the body except the hands and arms.
- Aerial Ball- A ball that has been raised into the air directly from a kick or thrown ball which has not touched the ground.